



Phoebe A. Hearst Elementary School

4640 South Lamon Ave • Chicago, Illinois 60638

Telephone: 773/535-2376 • Fax: 773/535-2341

Janelle Okerenimkpe
Principal

Angela Flores
Assistant Principal

Dear Parent or Guardian:

This school year, your child will receive Personal Health and Safety Education as required by the [CPS Sexual Health Education Policy](#). The purpose of this education is to build a foundation of knowledge and skills for all students so that they can make the right choices for themselves now and in the future. This curriculum will also give our students important tools to recognize and report inappropriate behavior in order to keep them safe. The lessons for Grade 1 will begin around the 3rd and 4th quarter of the school year and will include lessons such as:

- *Our Healthy and Happy Classroom Community*
- *Friendships*
- *Families Change*
- *The Circle of Life*
- *My Body is MY Body*
- *Pink, Blue, and Purple*
- *Feeling safe*
- *Gender stereotypes*

If you have questions about the material your child will be learning, please contact Mr. Rivera at jrivera292@cps.edu. More details about what your child will learn can be found in the [CPS Personal Health & Safety and Sexual Health Education Scope and Sequence](#) and under "Parent/Guardian Resources" on the [CPS website](#).

Throughout the unit, students will receive optional School to Home Connection activities to support their learning. These activities are not required, but we encourage families to complete them together. These activities can support important conversations between students and their parents or guardians.

In alignment with Illinois law, *"No student shall be required to take or participate in any class or course in comprehensive personal health and safety and comprehensive sexual health education. A student's parent or guardian may opt the student out [of this education] by submitting the request in writing."* (105 ILCS 110/3). No student with a written parental objection will be penalized for refusal to participate in any such course. If you would like to have your child excused from participation in one, some, or all lessons outlined above, please let me know in writing.

If you would like to have your child participate in this education, no further action is required.

Sincerely,

Janelle Okerenimkpe
Principal



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- *Pregnancy basics*
- *STI's and prevention*
- *Gender*
- *Consent*
- *Healthy Relationships*
- *Sexual Violence*
- *Being Informed: How to Advocate for Yourself with a Healthcare Provider*
- *Making Decisions*

We will be holding an open house at Hearst and that will give a chance so parents and guardians can learn more about the material on Thursday, September 4, 2025 at 4:00pm.

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Sincerely,


Principal

HOME OF THE WARRIORS